



HOE MATARIKI 2025

Saturday 5 July 2025

Parua Bay Whangarei

Hosted by Parihaka Waka Ama and Sanctioned by Waka Ama NZ

Parihaka Waka Ama Club Inc (PWA) hosts this annual Club Regatta for Te Tai Tokerau and other regional organisations as part of the celebration of Matariki Puanga and the signalling of the start of the Māori New Year.

It is a celebration of paddling – a chance for novices to paddle and for experienced paddlers to challenge themselves.

PLEASE NOTE

We have changed the format this year as the **Black Ferns and Māori All Blacks are playing in Whangārei** and we wish to support and celebrate our Rugby Heroes.

It will be a morning of paddling so people can also enjoy an afternoon of Rugby. We aim to finish by 12.30 so people can get to the game. [Māori All Blacks v Scotland - Whangārei - Eventfinda](#)



RACE PROGRAMME

| | |
|---------|---|
| 7 am | Registration Open |
| 7.30am | Karakia |
| 7.45am | BRIEFING Race 1 - 8km W6 Novice and Juniors |
| 8.00 am | START Race 1 - 8km W6 Novice and Juniors |
| 9.45 am | BRIEFING Race 2 - 18km W6 Men, Women and Mixed |
| 10 am | START Race 2 – in Waves – Men 10am, Mixed 10.10am, Women 10.15am |
| 12.30pm | Giftng of Taonga and Closing Karakia |

Hangi will be available to ORDER. Ready by 12 noon: PRE ORDERS ONLY - \$15 hangi 3 meat and vegetables. Orders and queries please txt Christina 021 022 74175

RACE DAY INFORMATION

Car Parking: Limited parking is available.

Please carpool where possible and aim for a maximum of 2 cars per team.

Parking wardens will direct you where to park on the day.

Trailer parking: Trailer parking will be available at the event. Waka can be dropped off on Friday 4th between 5pm and 7pm message Trent to arrange 021 743 163

Food: A coffee cart, sausage sizzle and fundraising kai will be available on site. All paddlers will receive sausage and soup at the end of their race.

Hangi: **PRE ORDERS ONLY - \$15** hangi 3 meat and vegetables. Available from 12.30pm. Orders and queries please txt Christina 021 022 74175

First Aid: First Aid will be available at the registration tent.

Alcohol/Smokefree: Alcohol, smoking, vaping and illicit substance use is not permitted at this event.

Fees:

| PER PERSON BY TEAM (charged for each team entered) | |
|--|----------------|
| Event | Cost |
| Junior J16, J19 - W6 - 8km | \$120 per waka |
| Adult Novice - W6 - 8km | \$200 per waka |
| Men's, Women's and Mixed 18km | \$240 per waka |

Registration fee entitles you to soup after the race, a sausage sizzle and eligibility for spot prizes.

Entry fees are **non-refundable** but may be transferable to another paddler from that team.

ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry
- No entries on the day, no exceptions
- **Entries close on Monday 30 June 2025**
- Rosters close on **Wednesday 2 July**, rosters must be completed by close date, no exceptions
- Once entered, payment can be made online to:
 - Parihaka Waka Ama Club Incorporated
 - 38-9015-0805080-00
 - Use your club, team name and division as your reference
 - **One payment per team** with an email to parihakawakaama@gmail.com of what has been paid.
 - No payment, no race.

Register early to avoid disappointment. Numbers of waka are limited.

Our priority is your safety. To ensure we comply with the *Waka Ama Event Sanctioning* process of support boat vs. waka ratio, priority of entries will be given in order of registration.

All race participants must register and the steerer must attend the race briefing and sign that they have attended.

Waka Hire:

Please arrange your own waka hire.

Contact parihakawakaama@gmail.com to see if waka are available.

Novice Paddlers:

The Novice Race is open to all paddlers J16 and above. **Novice teams must have an experienced steerer and be able to complete 8km within one hour.** Novice paddlers are those who have either not competed in a national regatta and/or have been paddling for less than 12 months and/or do not have suitable ocean paddling experience. **All paddlers must have completed a capsized drill in their training for racing.** It is the responsibility of clubs to ensure that only competitors that can competently paddle may enter races.

Flotation devices

All Junior competitors and those not able or confident to swim 50 metres must wear Maritime New Zealand (MNZ) approved non inflatable flotation device. It is the responsibility of clubs to ensure that individuals who are not able or confident to swim a distance of at least 50 meters wear a personal flotation device when competing.

Waiver Forms:

- Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be handed in at the registration desk on the day.
- Team waivers can be found on our event page on the Waka Ama NZ website and will be available at the registration desk on the day.

Race Starts:

Please be on the water five minutes prior to race start. Race start procedure will be outlined at race briefing.

| WAKA | DISTANCE | DIVISIONS | GENDER |
|-------------|-----------------|---|--------------------------------|
| W6 | 8km | J16, J19, and NOVICE adult | J16, J19, Men, Women and Mixed |
| W6 | 18km | J19, Open, Master, Senior Master, Golden Master | Men, Women and Mixed |

Paddler capability / skills:

Any paddler competing must:

- Unless a Novice - be capable of competing in Senior races and comfortable complete 18km
- Be trained in and capable of self-rescue techniques (e.g. right a capsized waka)
- Be able to swim and be comfortable in conditions relative to their skill level
- Have an adequate degree of skill and fitness to finish the race in conditions that might be expected
- Be dressed for the expected conditions
- Carry / Have access to adequate food and drink for the race

WAKA DROP OFF

Trailer parking will be available at the event. Waka can be dropped off on Friday 4th between 5pm and 7pm message Trent to arrange 021 743 163

SAFETY REQUIREMENTS

- All waka must be Safety Checked before racing.
- All Junior age divisions must wear MSA approved PFDs throughout the duration of the race
- All waka must have the following safety equipment for their races:
 - A Personal Flotation Device (PFD) per person.
 - Bailers x 2 (minimum)

- Flare, VHF radio or cellphone in waterproof case (VHF channel and phone numbers will be provided at race briefing)
- 2 Spare Paddles
- Spray Skirt (W6)
- Tow Rope (W6)

RACE RULES

All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information: [Waka Ama NZ Race Rules](#)

CONTACT INFORMATION

- All enquiries please email: parihakawakaama@gmail.com
- All urgent matters please call: **Daniela 021 837 717**
- Facebook: <https://www.facebook.com/profile.php?id=100057245748719>

COURSE MAPS

5th July 2025

- Low tide: 9.02am (0.62m)
- High tide: 3.20pm (2.08m)
- The course may change due to weather conditions, the race course will be outlined at race briefing.

MAP 1: Novice 8km course (no alternate provided as this is in shelter of Parua Bay). Note if weather is very bad this novice course will be repeated twice for the women's and men's races, providing a total of 16km.



MAP 2: 18km race course – the green is the preferred course if the tide is coming in, however if the tide is still going out then the red course will be run.



The map below shows an alternate in red if the weather is bad as it provides a sheltered, close to shore option.



***** IMPORTANT SAFETY ANNOUNCEMENTS PLEASE NOTE *****

Should wind conditions exceed or be forecast to exceed 20 knots (37km+) MSA approved PFD's must be worn by all participants.

All participants, coaches and officials must be made aware of the conditions – paddling may only occur after all the risks have been assessed; the zone and local maritime rules have been considered, and the potential risks are deemed to be minimal.

In all races and events, should there be extreme wind warning or gale force marine warnings in place OR should the wind conditions exceed or be forecast to exceed 25 knots (46km+) (according to local official marine weather radio or Met Service website <http://www.metservice.com/national/home>) then racing will only proceed under Race Director approval.